# FOOD

### **BREAKFAST**

EGG & CHEESE plain bagel, cheddar cheese +bacon \$2 +veggie sausage \$3	\$6
HAM & EGG plain bagel, ham, aioli	\$8
STACKED SMOKED SALMON everything bagel, cream cheese, red onion, cucumber capers, spinach, fresh dill, radish	<b>\$10</b> S,
AVOCADO TOAST cream cheese, sprouts, cucumber, spinach, cilantro +egg \$1.50 +bacon \$2	\$9
NUTTY BANANA whole wheat bagel, cream cheese, nutella, banana, brown butter crumbs	\$6
<b>OATMEAL</b> bananas, walnuts, brown sugar	\$5
WAFFLES	
RISE & SHINE hash brown waffle, eggs, applewood bacon, aioli, gre onion, tomato	<b>\$11</b> en

RISE & SHINE hash brown waffle, eggs, applewood bacon, aioli, greer onion, tomato	<b>11</b>
HASHBROWN & HONEY WAFFLE honey butter, turbinado sugar	\$8
NUTELLA BANANA SPLIT chocolate shaving, banana, whipped cream	\$9
<b>PEACH &amp; PECAN</b> pecans, honey butter, peach jam, 100% Vermont maple sy	<b>\$9</b> rup
STRAWBERRIES & CREAM strawberry jam, butter, whipped cream	\$9
PLAIN butter, 100% Vermont maple syrup	\$7

## **SANDWICHES**

\$9

HAM & CHEESE

ham, white cheddar, spinach, tomato, pickles, aioli, sourdough	
<b>SOUTHERN TURKEY</b> peach & pecan chutney, arugula, red onion, avocado, whole wheat bread	9
HUMMUS & VEG pistachio hummus, spinach, cucumbers, carrot slaw, red onion, sprouts, bagel	8
FANCY CHEEZY MELT white cheddar, brie, mozzarella, tomato, arugula, pesto, sourdough	8
KIDDIE GRILLED CHEESE cheddar, whole wheat bread	5

### **SALADS**

BEET HUMMUS spring greens, tzatziki, cucumber, tomato, red onion	<b>\$9</b> , feta, pita
<b>CUCUMBER, MELON &amp; ARUGULA SALAD</b> pistachio, herbs, lemon vinaigrette, sprouts	\$9
<b>HOUSE SALAD</b> mixed greens, tomatoes, cucumbers, red onion, balsamic dressing	\$6

### **SIDES**

FRESH FRUIT	\$3.50
<b>BAGEL OR TOAST</b> +peanut butter or cream cheese \$0.75	\$3
YOGURT	\$3
YOGURT WITH GRANOLA & FRUIT	\$6



\$4.75

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### SIGNATURE DRINKS

**GREY SKIES** \$4.75 bergamot simple syrup, coconut cream, espresso, milk,

Olive & Sinclair chocolate shavings

**LOCAL HONEY LATTE** 

honey, cinnamon, espresso, milk

**SWEET MATCHA LATTE** 

matcha, vanilla, milk, lemon zest

**MILKY WAY LATTE** 

mocha, caramel, espresso, milk, whipped cream

### **HOT DRINKS**

ESPRESSO	\$2.00	ORGANIC TEA \$2.00
ESPRESSO MACCHIATO	\$2.50	
CORTADO	\$2.75	
CAPPUCCINO	\$3.00	ADD SYRUP \$0.50
	8oz 12oz 16oz	vanilla, sugar free vanilla, hazelnut, mocha, caramel, local honey
AMERICANO	\$2.50 \$2.75 \$3.00	local noney
CAFE LATTE	\$3.50 \$4.00 \$4.50	SUB MILK \$1.00
CAFE MOCHA	\$4.00 \$4.50 \$5.00	soy, almond, coconut, half & half
BONGO CHAI	\$3.35 \$3.85 \$4.35	ADD ESPRESSO \$1.00
HOT CHOCOLATE	\$3.00 \$3.50 \$4.00	ADD ESPRESSU \$1.00
HOT CIDER	\$2.00 \$2.50 \$3.00	
BONGO JAVA DRIP COFFEE	\$2.25 \$2.50 \$2.75	

\$4.75

### **ICED DRINKS**

ICED BONGO COFFEE	\$2.50	ICED LATTE	\$4.00
NITRO BONGO COFFEE	\$4.75	ICED BONGO CHAI	\$3.85
ICED AMERICANO	\$2.75	ICED GREEN OR BLACK TEA	\$2.00

### ASK ABOUT OUR ROTATING SELECTION OF LOCAL BEERS

WE STRENGTHEN COMMUNITIES BY EXPANDING THE DEFINITION OF QUALITY TO INCLUDE CONCERNS ABOUT HOW STUFF IS PRODUCED, PURCHASED AND PROMOTED.

\*Please remember, consuming raw or undercooked meats or eggs may increase the risk of foodborne illness. Please note that we use ingredients not listed in all descriptions. If you have a food allergy please inform your server when ordering. We can make adjustments to most menu items for GF. V or DF. Our eggs are cooked to order.